

POLARIS FREQUENTLY ASKED QUESTIONS

[FOR PUBLIC INFORMATION]

1. What is the Polaris suite of career guidance programmes about?

The Polaris suite of career guidance programmes is designed for employed individuals who are looking to elevate their career through career planning. Through the various career guidance programmes under Polaris, participants will be empowered to take control of their professional future with career planning skills to enhance their career trajectory.

2. Who is eligible for Polaris? How would I know if this is a suitable programme for me?

All employed Singapore Citizens and Permanent Residents are eligible for Polaris programmes. You may visit the links below to find out more about the various programmes offered under Polaris.

Providers	More information	Remarks
Polaris by Ingeus	https://go.gov.sg/career-guidance-polaris	To find out more, individuals can contact WSG, Ingeus or AKG directly by visiting the respective websites.
Polaris by AKG		
Polaris by WSG		

3. Who can benefit from this programme?

The suite of career guidance programmes under Polaris are suitable for individuals who are:

- Career Change Explorers exploring new opportunities
- Career Expansion Seekers pursuing knowledge and skills to embrace career expansion
- Career Crossroads Navigators at career crossroads, seeking clarity before making crucial career decisions
- Functional Specialisation Enthusiasts contemplating to hone their expertise in a specific role
- Growth Sector Adventurers seeking to ride the wave and explore alternative careers in rapidly growing sectors
- Vertical Progression Pursuers looking to move up in their career

4. What can I expect from the programme(s) under Polaris?

The personalised programmes aim to help individuals develop self-awareness and career clarity to drive career growth and success. A certified career coach will work with participants to shape a career development plan to achieve their career goals. Depending on the participants' focus and priority, these career goals may include achieving career fulfilment, sustaining long term employability or undertaking career growth that leads to a rewarding career.

5. Can the programme(s) under Polaris help me to secure a job?

Programme(s) under Polaris focuses on providing structured career planning support for employed individuals who are looking to drive their professional growth. Individuals who are seeking job-search related assistance should register for [Career Matching Services](#) instead.

6. Do I need to pay for the programme?

Polaris by Ingeus and Polaris AKG are available at a nominal fee of either \$40 or \$90 (excluding GST) depending on the programme content and duration, which ranges from 2 weeks to 3 months.

The Polaris programme by WSG is a 3-month programme. It is available at a nominal fee of \$90 (excluding GST).

Individuals who sign up for the programme(s) will need to pay the fees directly to Ingeus, AKG or WSG respectively.

7. Why are Polaris programmes not free of charge?

The Polaris programmes are designed to motivate employed individuals to take ownership of their career development and be committed for the entire programme to reap the maximum benefits.

8. Are Polaris career coaches professionally certified?

All Polaris career coaches are professionally certified in Workforce Singapore's Career Development Framework and equipped with basic counselling skills. They also bring with them knowledge and insights from a wide spectrum of industries and across different functional roles.

9. What is the difference between the Polaris programmes offered by Ingeus, AKG and WSG?

The Polaris programmes offered by Ingeus, AKG and WSG vary in content, duration, and number of coaching hours. The programmes aim to support differing needs of employed individuals who are seeking to accelerate their careers.

10. Can I still sign up for the Polaris programmes offered by Ingeus or AKG after I have signed up for this programme by WSG?

Yes, you can sign up for the Polaris programmes by Ingeus/AKG a year after the completion of your programme with WSG.

11. Can I sign up for multiple Polaris Programme at the same time?

You can only enrol in one Polaris Programme at a time.